## HEARTS OF GOLD



Christmas Appeal 2023



2023

Gold Hearts will be shining brightly across Wales this festive season and into the New Year, symbolising the lives of those special to us.

Hearts of Gold is a charity Christmas campaign of special events organised by Calon Hearts
Screening and Defibrillators that takes place during the festive period of November and December.

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Christmas is a time when people are thinking of happy times shared with their loved ones. To help celebrate, honour and remember the lives of loved ones no longer with us due to a heart condition we have created our Hearts of Gold Christmas Appeal.



2023

Join us on 19th November for the Christmas Market at Llandaff Rowing Club from 11am to 4pm, followed by the Christmas Tree lights switch on at the Cathedral Green at 6pm. There will be local choirs and entertainment throughout the day and night, with a visit from the man himself, Santa Claus!





# DONATE HEARTS OF GOLD 2023

Over the phone with your credit or debit card on 02922 402 670

Through the bank with a bank transfer Calon Heart Screening Sort Code: 23-05-80 Account Number: 48384366

A Cheque through the post payable to Calon Hearts

Online with your credit or debit card calonhearts.org/donate

#### **SEND YOUR CHEQUES TO:**

Calon Hearts, White House Cottage,
The Cathedral Green,
Llandaff,
Cardiff, CF5 2EB



# HEARTS OF GOL CHRISTMAS APPEAL WISHLIST 2023







B

Two replacement defibrillator pads



£70

Two defibrillator adult training pads



C £200

Two hour of CPR & defibrillator training for up to 50 people



£294 D

**Defibrillator replacement battery** 



£1,495 Ξ

Public access defibrillator



£2,500 3

**ECG Machine** 



£10,800 G

**Full screening day** 



£30,000

Echo cardiogram machine



VISIT THE LINK BELOW TO DONATE ONHEARTS.ORG/DONATE

### GET INVOLVED

### WAYS YOU CAN SUPPORT HEARTS OF GOLD 2023



You can leave a dedication to a lost loved one in their memory on our Hearts of Gold page by emailing info@calonhearts.org.



You may wish to donate to Hearts of Gold in lieu of sending Christmas cards this year.



Organise your own
Christmas Concert or an
event for us during our
Hearts of Gold Campaign
during November and
December.



Make a donation to Calon Hearts in memory of a loved one and/or leave a special legacy to us as part of your Will.





### GET INVOLVED

#### HEARTS OF GOLD 2023



Organise a Christmas quiz night in your local pub or club.



Join us on 19th November for the Christmas Market at Llandaff Rowing Club from 11am to 4pm, followed by the Christmas Tree lights switch on at 6pm at The Cathedral Green



Purchase a £2 Gold Heart from us to wear this Christmas.



Attend one of our Christmas Events listed on the following page.

All funds raised are used and spent in Wales towards part-funded Heart Screening Sessions, public access Defibrillators and free CPR training.

### NEW CHRISTMAS EVENTS HEARTS OF GOLD 2023

#### CHRISTMAS WONDERLAND AND LIGHTS SWITCH ON

LLANDAFF ROWING CLUB, CARDIFF





#### SNOW QUEEN LADIES LUNCH

PARK PLAZA, CARDIFF

SANTA DASH ROALD DAHL PLAS, CARDIFF





### BRING HIM HOME LLANDAFF CATHEDRAL

MISTLETOE BALL
HILTON, CARDIFF





#### **A CLASSIC CHRISTMAS**

ST JOHN THE BAPTIST CHURCH, CARDIFF

#### LADIES FESTIVE LUNCH

MALTSTERS ARMS HOTEL, CARDIFF



# WE ARE FUNDRAISING

**FOR** 



#### **CALON HEARTS**

**SCREENING AND DEFIBRILLATORS** 

THE HEART CHARITY FOR WALES 1193404

Supporting the Hearts of Gold Christmas Appeal 2023

**DATE:** 

TIME:

**EVENT:** 

### THANK YOU!







Wishing you a Merry Christmas and a Happy New Year Gan ddymuno Nadolig Llawen a Blwyddyn Newydd Dda i chi







DIOLCH O GALON!